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Oakham Shires School

January 2024

Weekly Newsletter - Spring Term 1

Elm & Oak





Two games of ten-pin bowling resulted in a draw between Elm and Oak Class in Kettering this week.







Physical Activity

Our students were happy to be able to access Oakham School sports facilities again this week now that they have re-opened.





Cookery

Weighing, measuring and mixing (the folding method) resulted in some delicious chocolate muffins.















In recognition of Burns Night, our younger students have been learning peeling and chopping skills, such as the bridge cut, to prepare "neeps and tatties".













Hazel Class learnt about the history of Burns Night this week and used the weaving technique to design and make their own Scottish tartan design.









An amazing opportunity has arisen at Oakham Shires this term.....

We have been given the opportunity for some of our pupils to join the hundreds of thousands of young people who take part each year, in the Duke of Edinburgh Award. The benefits of achieving a DofE Award at any level are

endless. DofE is about helping you along the path to a productive and prosperous future. As many of the participants say, it's life changing.

Achieving an Award will give our young people skills, confidence, and an edge over others when they apply for courses, college, or a job. The DofE Award is a fantastic way to demonstrate and evidence skills in practice, such as communication, commitment, leadership, and teamwork.

We currently have eight of our older pupils signed up and ready to take on the challenge. We will be here to guide and support them every step of the way. Let's wish them luck on this new adventure.



Breakdown of the Bronze DofE Award





If you have children, it is understandable to have concerns about the films and TV shows they watch, as well as the games they play. In this guide, we take a look at the two official ways you can assess if a particular title is suitable for your child. Both the BBFC and PEGI have search facilities on their websites that can be used to look up individual titles so you can check their ratings.





RATINGS FOR FILMS, TV & MUSIC VIDEOS

Since 1912, the BBFC (British Board of Film Classification) has informed UK residents of the age suitability of films, TV and music videos - providing parents with the information needed to assess whether or not it is appropriate for their child's age. This applies to cinema releases, DVDs and streaming video services

WHAT ARE THE BBFC RATINGS?

BBFC ratings are broken down into seven age categories:









Parental Guidance required

Suitable for people aged 12 and over









Adult content only available in specially licenced cinemas and specialist retailers

WHAT ELSE CAN BBFC REVEAL?

Accompanied with the age suitability rating, BBFC also provide an additional warning regarding the content and what to expect, such as swearing, sexual content, violence and anything you may consider to be inappropriate for your child. In addition to this, the content is also rated in three levels: frequent, mild or strong.

LIMITATIONS OF BBFC RATINGS

It's important to note that there is no obligation on streaming video services to use or display BBFC ratings. Due to this, we advise that you check the rating online before your child streams the content. It may also be a good idea to watch the content first yourself or discuss it with other parents to help you decide whether or not it is suitable for your child.

RATINGS FOR GAMES

PEGI (Pan European Game Information) is a content rating system that ensures all video games are labelled with a minimum age recommendation. These age recommendations are based on the types of content featured within a game. With each game, PEGI also provide a content descriptor that indicates the potential issues and concerns, including sex, violence, bad language and drugs.

WHAT ARE THE PEGI RATINGS?

PEGI ratings are split into age restriction and content descriptors.
Additional 'content descriptors' help parents and children to
understand the type of content featured within a particular game,
including sex, fear, bad language, discrimination, gambling, drugs,
violence, and in-game purchases. In combination, the two different
ratings can provide a good level of information to help make
informed decisions regarding the suitability for your child.



























LIMITATIONS OF PEGI RATINGS

It's possible for young people to buy games online without a required proof of age, opening them up to age-inappropriate content without you knowing. We advise that you regularly monitor your child's gaming activities and maintain a honest and healthy dialogue with them about the online world.

PARENTAL CONTROLS

It is a good idea to put in place parental controls for all online accounts which your child may use to purchase or download online games e.g. The App Store, Google Play Store, Play Station Store and Microsoft Xbox Store etc.

Source: www.bbfc.co.uk

Source: www.pegi.info



A whole school community approach to online safety

www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 806 i

